

## PSHE Rationale

We believe that Personal, Social, Health and Economic Education (PSHE) is an important and necessary part of pupils' education and essential for their emotional wellbeing and growth. PSHE empowers pupils to take a proactive role in their own lives and the life of their community. Through teaching PSHE we promote British values, respect for self and others as well as different beliefs and choices. We also believe that age appropriate Relationship Education and teaching children about the correct use of medicines are important aspects of PSHE education. Our aim is to equip children with skills and knowledge that will enable them to grow and become independent, confident and active learners and citizens.