

Family Fun!

Tips & Ideas to help your child to get off to the best start at school!

Get to know the settling in policy

This will have your child's well-being at its centre, so it's good to follow the advice offered.

Get to know the routines

It can be reassuring for your child if you know about the school day and talk to them about it.

Prepare them for separation

Leaving your child with family or friends for short periods can help prepare children for separation.

Read stories about starting school

This helps children become familiar with life at school

WHAT'S IN THE BAG?

AN EASY & FUN
THERAPY
ACTIVITY FOR
EARLY LANGUAGE
DEVELOPMENT



What's in the bag?

At school children need to be able to express their needs. Help them expand their vocabulary by playing 'What's in the bag?' Place some small items in a bag and take turns to take them out, naming them as you do. Build on what your child says- adding one or more words to their sentence. If they say 'It's a car', you could say 'That's right, it's a fast car'.



Name Post-its

It's useful if your child can recognise their name. Use Post-its to write their name and place it around the place, so they become familiar. Jumble up the letters and get them to rearrange it correctly. Let them use the post its to have a go at writing their name!



Make a dressing up box!

Encouraging your child's independence can help prepare them for school. Having a dressing up box is a fun way for your child to practise dressing themselves. Just get a large card-board box and fill with some old clothes. Encourage them to have fun trying on and taking off some of the items themselves.



Writing

Practising writing doesn't have to involve paper and pencil! Spread some shaving foam on a contrasting surface and let them make marks or form the letters in their name.