

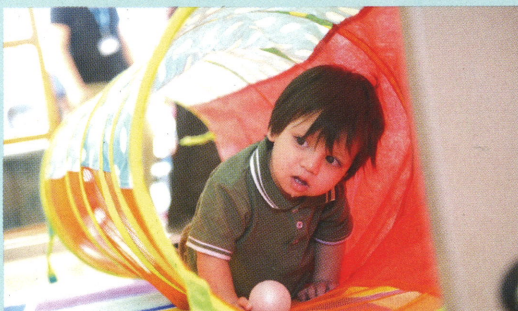
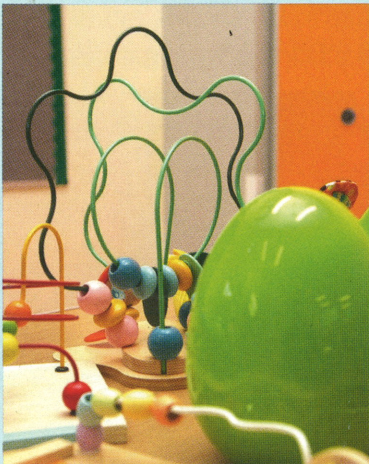
Health Visiting Service

TOWER HAMLETS

**GP CARE
GROUP** CIC

LOCAL PEOPLE. LOCAL HEALTH

Working with **Early Education and Childcare** providers to support children's health, wellbeing and SEND needs



Tower Hamlets Health Visiting team

The Health Visiting team supports children's development, from before birth up to five years old.

Our team is made up of Health Visitors, a SEND Health Visitor, Nurses, Nursery Nurses and support staff. Health Visitors are specialist nurses or midwives trained in child development, early intervention, and public health.

We carry out six meetings with the child and their parents or carers. We discuss feeding, sleeping, health and wellbeing, immunisations and physical development.

We help with

- A child's growth, weight, or nutrition
- Speech, language, or communication development
- Behaviour and social-emotional support
- Inclusion and participation in early learning
- Emotional wellbeing and mental health
- Family support



Working with Early Education and Childcare providers

The Health Visiting service is excited to work with Early Education and Childcare providers to help Tower Hamlets children get the best start in life.

Whether you are a day nursery, pre-school, childminder, school-based or independent nursery, **we want to hear from you.**

Please share any presenting needs about a child's health, wellbeing and development with parent's or carer's consent. We can always have a friendly conversation offering general guidance ahead of consent being given.



Our appointments

- **Antenatal** – from 28 weeks of pregnancy
- **New birth** – within first 14 days
- **6-8 weeks**
- **3-4 months**
- **12-15 months**
- **2-2.5 years**





Get in touch

Please get in touch with any health, wellbeing or Special Educational Needs and Disabilities (SEND) needs of children in your care.

If a child has specialist health needs not managed by Health Visiting, we will guide you to the right place.

Please contact us at:

Email: thgpcg.childhealth@nhs.net

Telephone: 020 4551 1414

9am-5pm on weekdays (not Bank Holidays).

www.gpcaregroup.org