

LEARNING JOURNEY

PSHE Learning Journey Year 1 Summer 2



Safety and the changing body

I know how to respond to adults in a range of situations.

I know who works in my school.
I understand how I should speak to adults in school.
I understand who I should speak to if I am worried about anything an adult does or says.

I know what to do if I get lost.

I can give examples of what to do if I get lost. I can tell someone the name of my parent(s)/carer(s).

I know what an emergency is and how to make a phone call if needed.

I understand what an emergency is.
I know the number to call in an emergency.
I know my address and postcode.

I am beginning to understand the difference between acceptable and unacceptable physical contact.

I know that some types of physical contact are never appropriate.
I know that some types of physical contact are appropriate..

I understand what is safe to put into or onto our bodies.

I can state what can safely go into my body.
I can state what can safely go onto my body.
I can explain why I should never put some things into my body.

I recognise that there are dangers at home and how these can be avoided.

I can identify potential hazards in the home.
I can explain how I can make things safer by following simple rules.
I can explain what I need to do if there is an accident at home.

understand that there are people in the local community who help to keep us safe.

I understand that some people have jobs that help to keep us safe.
I can explain how these people help to keep us safe.
I can explain how I can help these people to keep me safe..

Key vocabulary:

Adult, manners, visitor, polite, stranger, safe, lost, emergency, ambulance, 999, medicine, damage, ill, acceptable, unacceptable, permission, contact, unkind, accident, hazard, unsafe, danger, job, work