

Autumn 2 Timetable

Date	Workshop	Full/Open to All	Is Booking Required?
25 <sup>th</sup> Nov and 2 <sup>nd</sup> Dec Mondays	<b>Get Talking</b> Two- part workshop on how to support your child with their communication. Your child will join you for part of both sessions	Reception Parents Only	To book a place Ring/text Nazia on 07932 760401
26/11/24	<b>Emotional Literacy</b> Top tips on how to help your child express their feelings in a healthy way.	Open to All	Open to All No Booking
03/12/24	<b>Positive Relationships.</b> Discussion on what healthy family relationships look like and how to establish positive relationships in the family setting.	Open to All	Open to all No Booking
10/12/24	<b>Healthy Families</b> (External) One off session – looking at Healthy Snacks – Your child will join you for the last part of the session.	Open to All	Booking Required Text/Call Nazia on 07832760401
17/12/24	<b>Holiday Activities</b> Fun places to visit and family activities to take part in over the Christmas break.	Open to All	Open to All