

Parent and Family Support Service

Strengthening Families, Strengthening Communities parenting programme for Somali parents

Learn to develop strong, healthy relationships with your children and gain simple, practical strategies to manage children's behaviour in a positive way.

Venue:	Malmesbury Primary School, Coborn Street, London E3 2AB.
Date:	Mondays 9 th , 16 th , 23 rd , 30 th September 7 th & 14 th October 2024
Time:	Time: 10am- 12pm
How to refer:	Please contact 020 7364 6398 or email to parenting@towerhamlets.gov.uk to book your place.
During the course you will:	<ul style="list-style-type: none">• The process of discipline for positive parenting• Enhancing parent-child relationships• The benefits of praise• Managing conflict situations
It is advised that parents attend all sessions to get the most benefit from the course.	

