

Family Fun!

Ideas to support learning, play and well-being

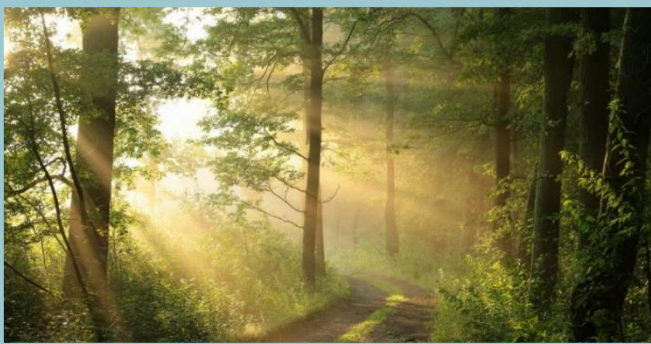
Number Bonds

Children love this hands-on approach to exploring number bonds. Just write the digits 0-8 on a paper plate and draw corresponding circles on a separate plate and then cut up into pizza slices. Ask your child to pick two pizza slices and match to the paper plate. Count dots to complete sums. This activity can be extending by writing numbers 10 to 80, each circle on the pizza slice represents 10.



Create a Comic Strip

Draw a comic strip format on to a piece of paper. Ask your child to think of a story and draw the pictures first. Next, ask them to add speech, annotations and thought bubbles. Children are drawn to the comic book format as it is engaging, moves quickly, and there is an opportunity to add lots of pictures.



Nature Walks- Green Therapy

Taking a walk in a park or forest setting not only improves physical health but can also improve emotional well-being. Encourage your child to look at their environment and notice what they see, hear or feel. This can improve concentration and bring a feeling of instant calm and improve mood.



Apple Peanut Butter Teeth

Cut the apple in to slices. Take two slices and spread one side with peanut butter. Place some marshmallows on one apple slice and place the other apple slice on top. A fun and healthy snack ready in no time at all!